

**Some Resources on the Practice of Discernment**  
From Kathy Staudt, *Shaping a Faithful Life*  
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On Benedictine Spirituality:

Esther de Waal, *Seeking God and Living with Contradiction: An introduction to Benedictine Spirituality*

Jane Tomaine, *St. Benedict's Toolkit*

On Ignatian Spirituality

James Martin, *The Jesuit Guide to (almost)everything*

An excellent website and my "go-to" for things Ignatian: <http://www.ignatianspirituality.com>

And especially, for discernment <http://www.ignatianspirituality.com/making-good-decisions/>

On Quaker Practice and the "Clearness Committee"

Thomas Kelly, *A Testament of Devotion* (this is not so specific about practice but it is an inspiring spiritual classic about the inner life)

Parker Palmer: *Let Your Life Speak: Listening for the Voice of Vocation*

And *A Hidden Wholeness*, especially Chapter 5 on creating Circles of Trust

More resources on Parker Palmer can be found at <http://www.couragerenewal.org/parker/>

Other Books on Discernment, Spiritual Practice, Mission:

Kathleen Cahalan, *The Stories we Live: Finding God's Calling all Around Us*

Kit Carlson, *Speaking Our Faith: Equipping the Next Generations to tell the Old, Old Story*

Verna Dozier, *The Dream of God: A Call to Return*

Elizabeth Liebert, *The Way of Discernment* (includes practical exercises for deepening individual discernment)

Kathleen Henderson Staudt, "Annunciations in Most Lives:" Vocational Discernment and the Ministry of the Laity," *Sewanee Theological Review* Easter 2000. Link at

<https://kathleenstaudtpoet.com/wp-content/uploads/Staudt.Annunciations-1.pdf>

Henri Nouwen, *Discernment: Reading the Signs of Daily Life*

Evelyn Underhill, *The Spiritual Life*